

## Butterfly

A man found a cocoon of a butterfly.  
One day a small opening appeared.

He sat and watched the butterfly for several hours  
as it struggled to force its body through that little  
hole. Then it seemed to stop making any progress.  
It appeared as if it had gotten as far as it could  
and it could go no farther.

So the man decided to help the butterfly. He took a pair of  
scissors and snipped off the remaining bit of the cocoon.  
The butterfly then emerged easily.

But it had a swollen body, and small shriveled wings.  
He continued to watch the butterfly, because he expected  
that at any moment, the wings would enlarge and expand to  
support the body, which would contract in time.  
Neither happened.

In fact, the butterfly spent the rest of it's life crawling  
around with a swollen body and shriveled wings.  
It was never able to fly. He did not understand that in his  
well intentioned kindness, he had changed the natural order.

He was unaware that restricting the cocoon, and the struggle  
required to get through the tiny opening, were Nature's way of  
forcing fluid from the body of the butterfly into its wings so that  
it would be ready for flight once it achieved freedom from the cocoon.

Sometimes struggles are exactly what we need in life. If  
we were allowed to go through life without obstacles, it would  
cripple us. We would not learn from challenges and struggles, nor  
develop strength - and we would never fly. So, when you  
struggle look at how it can benefit you, what you can  
learn from it, and how you can grow ...

**Then fly !!!!**

